

Questions to Ask Your Doctor: How Can I Prepare for Treatment?

If you are beginning treatment, these questions may help you talk with your doctor and make informed decisions about your care. Please also see the additional questions to ask your doctor in the resource below.

Asking your doctor the right questions ensures you have all the information you need to choose the best path forward. These questions can help clarify your treatment options, potential side effects, and how treatment might impact your daily life. By asking these questions, you can actively participate in your treatment decisions and feel more confident.

- **What are my treatment options for my type of ovarian cancer and why?**

- **Are there clinical trials available to me? What are the pros and cons of participating?**

- **What information or additional testing do I need to help me make a decision about treatment?**

- **How long will treatment last, and what should I expect?**

- **Where can I get a second opinion if needed?**



Questions to Ask Your Doctor: How Can I Prepare for Treatment?

- Will my insurance cover my treatment costs?

- What can I do if I don't have health insurance?

- What are the main side effects of treatment, and how can they be managed?

- How will treatment affect my daily life, including work, family, and other activities?

- Could treatment affect my fertility or sex life?

- How will we know if the treatment is working?

- Will I need special tests or scans? If so, how often?

- Will I need to change my diet or activity level?



Questions to Ask Your Doctor: How Can I Prepare for Treatment?

- What support services are available to help me and my family cope with the emotional and practical challenges of ovarian cancer treatment?

- Will I need help at home? If so, who can help me figure out how to get the help I need?

- Can you suggest a mental health professional I can see if I start to feel overwhelmed, depressed, or distressed?

- Who do I contact with questions, and how quickly can I expect a response?

These questions may help you talk with your doctor and make informed decisions about treatment and care.

Scan to see additional questions to ask your doctor and access helpful resources.



ABOUT THE NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition (NOCC) is dedicated to raising awareness, promoting education, and providing support for individuals impacted by ovarian cancer.

Since 1991, NOCC has offered programs and resources including peer support, online education, care packages, and financial assistance to help survivors and caregivers navigate their journey.



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