

Questions to Ask Your Doctor: After Treatment

If you have finished treatment, these questions may help you talk with your doctor and make informed decisions about your continued care and survivorship. Please also see the additional questions to ask your doctor in the resource below.

After treatment, it's important to know what to expect for your recovery and ongoing care. These questions can help you understand possible side effects, follow-up care, and ways to stay healthy. Getting this information can help you feel more prepared and in control of your health.

How long will it take for me to get better and feel more like myself?
What kind of care should I expect after my treatment?
• What long-term health issues can I expect as a result of my cancer and its
treatment?
What is the chance that my cancer will return?
• What symptoms should I tell you about? Who do I call if I develop these
symptoms?







Questions to Ask Your Doctor: After Treatment

 What can I do to be as healthy as possible? Are there any limits on what I can do?
 What type of follow-up will I need after treatment? Will you create for me a survivorship care plan?
 Which doctor(s) should I see for my follow-up care? How often?
What records do I need to keep about my treatment?
What is the chance that my cancer will come back?
Are there signs of recurrence I should look out for?
 Is there a counselor I can talk to or an online or in-person support group you can suggest?







Additional Notes and Reflections

These questions may help you talk with your doctor and make informed decisions about treatment and care.

Scan to see additional questions to ask your doctor and access helpful resources.



ABOUT THE NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition (NOCC) is dedicated to raising awareness, promoting education, and providing support for individuals impacted by ovarian cancer.

Since 1991, NOCC has offered programs and resources including peer support, online education, care packages, and financial assistance to help survivors and caregivers navigate their journey.





