

Questions to Ask Your Doctor: The Patient Navigator's Role In Your Care

Your healthcare team is there to support you. It's important to know how a patient navigator can help you during your ovarian cancer journey to get the best care possible. Asking these questions can help you have a clear conversation with your patient navigator during your ovarian cancer treatment.

- **What is your role, and how will you help me during my ovarian cancer journey?**

- **Do you schedule appointments and coordinate my care with other specialists?**

- **Can you help explain my treatment plan, medications, and potential side effects so I can understand better?**

- **Can you provide information on clinical trials that may be helpful to my ovarian cancer?**

- **Can you help me understand my insurance coverage and billing? If not, who can? Is financial assistance available?**



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- How can you help me advocate for myself and make informed decisions about my treatment plan? Can you explain the healthcare processes and what I should expect?

- Can you assist with advanced care planning, including discussions about end-of-life care and legal considerations?

- Are there any support groups or counseling services available? Can you help me access resources or support groups for me and my family?

- How often can I expect to meet or communicate with you or another navigator?

These questions may help you talk with your doctor and make informed decisions about treatment and care.

Scan to see additional questions to ask your doctor and access helpful resources.



ABOUT THE NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition (NOCC) is dedicated to raising awareness, promoting education, and providing support for individuals impacted by ovarian cancer.

Since 1991, NOCC has offered programs and resources including peer support, online education, care packages, and financial assistance to help survivors and caregivers navigate their journey.



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