

## Questions to Ask Your Doctor: Ovarian Cancer Risk

- What is my risk for developing ovarian cancer?

- What factors increase or decrease my risk of ovarian cancer?

- What can I do to lower my risk?

- What signs and symptoms should I watch for?

- Based on my health history and my family history, would you recommend genetic testing to learn more about my risk?

- What are the benefits and risks of genetic testing?

- Should I see a genetic counselor to get tested?

- If I decide not to do genetic testing, what types of cancer screening tests are recommended to check for ovarian cancer?



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- What would a positive or negative test result mean for me?

- If I get genetic testing, who will be able to see my test results?

- What is the testing process like?

- Does health insurance pay for testing? Will it impact rates if I am shown to have a genetic mutation?

- Can I get life insurance if I have a genetic mutation?

- If I have a gene mutation, what are my options for managing my risk?

- If I have a gene mutation, what would it mean for my children's health?

- If I have a gene mutation, what does that mean for other members of my family?



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**These questions may help you talk with your doctor and make informed decisions about treatment and care.**

Scan to see additional questions to ask your doctor and access helpful resources.



### ABOUT THE NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition (NOCC) is dedicated to raising awareness, promoting education, and providing support for individuals impacted by ovarian cancer.

Since 1991, NOCC has offered programs and resources including peer support, online education, care packages, and financial assistance to help survivors and caregivers navigate their journey.



888-OVARIAN



OVARIAN.ORG



NOCC@OVARIAN.ORG