Questions to Ask Your Doctor: Genetic Testing for an Inherited Mutation

Genetic testing looks at genes you are born with and get from your parents. It helps find any genetic changes, like BRCA1 and BRCA2 mutations, that can increase your cancer risk. Knowing if you have these mutations can help your family understand their risk. If you have not been diagnosed with ovarian cancer, here are some common questions to ask about genetic testing:

•	What is genetic testing for an inherited mutation, and why is it important?
•	What does the term germline genetic testing mean?
•	How is genetic testing done, and how often should it be done?
•	What specific genes are tested for changes (mutations) for ovarian cancer risk?
•	What are the benefits and risks of genetic testing, and what will the results mean for my family?
•	If I have a genetic mutation, does it mean I will get ovarian cancer?





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	If I have a genetic mutation, what can I do to lower my risk? What does it mean for my children's health?
•	Who will be able to see my test results? What are privacy rights?
•	How long will it take to get the results from these tests?
•	How much does genetic testing cost? Is it covered by insurance?
•	Will you refer me to a genetic counselor to discuss the results?
	Why is genetic testing being recommended for me now, after my ovarian cancer diagnosis?
	How do the test results help decide what treatments I should get? (targeted treatments)







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- Can you review the treatment options I have and explain them to me?
- How will genetic counseling be a part of my testing process?
- What do my results mean for my family? What should they do?
- Are there clinical trials or research studies related to genetic testing and ovarian cancer that I should consider participating in?

These questions may help you talk with your doctor and make informed decisions about treatment and care.

Scan to see additional questions to ask your doctor and access helpful resources.



ABOUT THE NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition (NOCC) is dedicated to raising awareness, promoting education, and providing support for individuals impacted by ovarian cancer.

Since 1991, NOCC has offered programs and resources including peer support, online education, care packages, and financial assistance to help survivors and caregivers navigate their journey.



