

# ASK YOUR DOCTOR ABOUT OVARIAN CANCER RISK

These questions may help you understand ovarian cancer risk, the factors that may affect your risk, and what to do if you find out you are at higher risk.

## ASK YOUR DOCTOR THE FOLLOWING:

- What is my risk for developing ovarian cancer?
- What factors increase or decrease my risk of ovarian cancer?
- What can I do to lower my risk?
- What signs and symptoms should I watch for?
- Based on my health history and my family history, would you recommend genetic testing to learn more about my risk?
- What are the benefits and risks of genetic testing?
- Should I see a genetic counselor to get tested?
- If I decide not to do genetic testing, what types of cancer screening tests are recommended to check for ovarian cancer?
- What would a positive or negative test result mean for me?
- If I get genetic testing, who will be able to see my test results?
- What is the testing process like?
- Does health insurance pay for testing? Will it impact rates if I am shown to have a genetic mutation?
- Can I get life insurance if I have a genetic mutation?
- If I have a gene mutation, what are my options for managing my risk?
- If I have a gene mutation, what would it mean for my children's health?
- If I have a gene mutation, what does that mean for other members of my family?

