

Talk About It

Opportunistic Salpingectomy



Learn how **Opportunistic Salpingectomy**, the surgical removal of fallopian tubes, can significantly reduce the risk of epithelial ovarian cancer. There are other ways to reduce your risk for ovarian cancer. Scan the QR code below for our full list of risk-reduction resources.

Additional Resources



For more information about ovarian cancer, please visit [ovarian.org](https://www.ovarian.org).

The National Ovarian Cancer Coalition does not provide medical advice.

1-888 OVARIAN (1-888-682-7426)

What is Opportunistic Salpingectomy?

Opportunistic salpingectomy is the surgical removal of the fallopian tubes that may reduce the risk of epithelial ovarian cancer, fallopian tube cancer, and peritoneal cancer. It involves removing the fallopian tubes during other planned pelvic surgeries for those who are finished having children.

Why is This Important for Ovarian Cancer?

Research shows that the most common and lethal ovarian cancers start in the fallopian tubes. Because there is no screening for ovarian cancer and symptoms often show up after the cancer has spread (advanced stages), this procedure can be a powerful risk-reduction method for those at average risk.

Who Should Consider Opportunistic Salpingectomy?

Opportunistic salpingectomy is recommended for **average-risk individuals** having other scheduled pelvic surgeries. This procedure involves taking out the fallopian tubes to decrease the risk of ovarian cancer. It's a way to be proactive about your health, especially if you're already undergoing another pelvic surgery.



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Recommendations and Insights

Medical groups like the Society of Gynecologic Oncology (SGO) and the American College of Obstetricians and Gynecologists (ACOG) recommend opportunistic salpingectomy during surgeries for noncancerous conditions like hysterectomies, cysts, endometriosis, and tubal ligation.

Effectiveness and Safety

This surgery is generally safe, using minimally invasive techniques for quicker recovery and lower infection risk.

Recovery and Future Impact

The procedure itself adds minimal time to recovery. It won't stop periods but prevents future pregnancies once the fallopian tubes are removed. Importantly, ovaries continue to produce helpful hormones.

Additional Learning

- [American Cancer Society Journal - Opportunistic Salpingectomy](#)
- [Opportunistic Salpingectomy as a Strategy for Epithelial Ovarian Cancer Prevention](#)
- [SGO Clinical Practice Statement: Salpingectomy for Ovarian Cancer Prevention](#)
- [The Role of Salpingectomy in Ovarian Cancer](#)