These questions may help you understand ovarian cancer risk, the factors that may affect your risk, and what to do if you find out you are at higher risk.

**ASK YOUR DOCTOR THE FOLLOWING:**

- What is my risk for developing ovarian cancer?
- What factors increase or decrease my risk of ovarian cancer?
- What can I do to lower my risk?
- What signs and symptoms should I watch for?
- Based on my health history and my family history, would you recommend genetic testing to learn more about my risk?
- What are the benefits and risks of genetic testing?
- Should I see a genetic counselor to get tested?
- If I decide not to do genetic testing, what types of cancer screening tests are recommended to check for ovarian cancer?
- What would a positive or negative test result mean for me?
- If I get genetic testing, who will be able to see my test results?
- What is the testing process like?
- Does health insurance pay for testing? Will it impact rates if I am shown to have a genetic mutation?
- Can I get life insurance if I have a genetic mutation?
- If I have a gene mutation, what are my options for managing my risk?
- If I have a gene mutation, what would it mean for my children's health?
- If I have a gene mutation, what does that mean for other members of my family?